

This card serves to reflect on and propose actions aimed at caring for and improving the circulatory systems of the human body and nature.

We suggest that you follow your teacher’s instructions to fill it in:

- **Bio:** what can we do to improve the health of the body in relation to water consumption? And the circulatory system? How can we reduce water consumption?
- **Psycho:** what attitude can we take towards our consumption of water?
- **Social:** what can we do at a group and social level to improve the quality and quantity of water? And to facilitate access to safe drinking water for everyone?
- **Environmental:** what can we do to improve the quality of water in rivers, lakes, seas... and therefore improve the lives of living beings?

Bio	Psycho
Social	Environmental