

HEALTHY PRACTICES



TO WASH THE FACE



TO CLEAN THE TEETH

HEALTHY PRACTICES

**TO HAVE
A SHOWER**



**TO WEAR
CLEAN
CLOTHES**



HEALTHY PRACTICES



TO EAT WELL AND HEALTHY



TO DRINK WATER

HEALTHY PRACTICES



TO REST

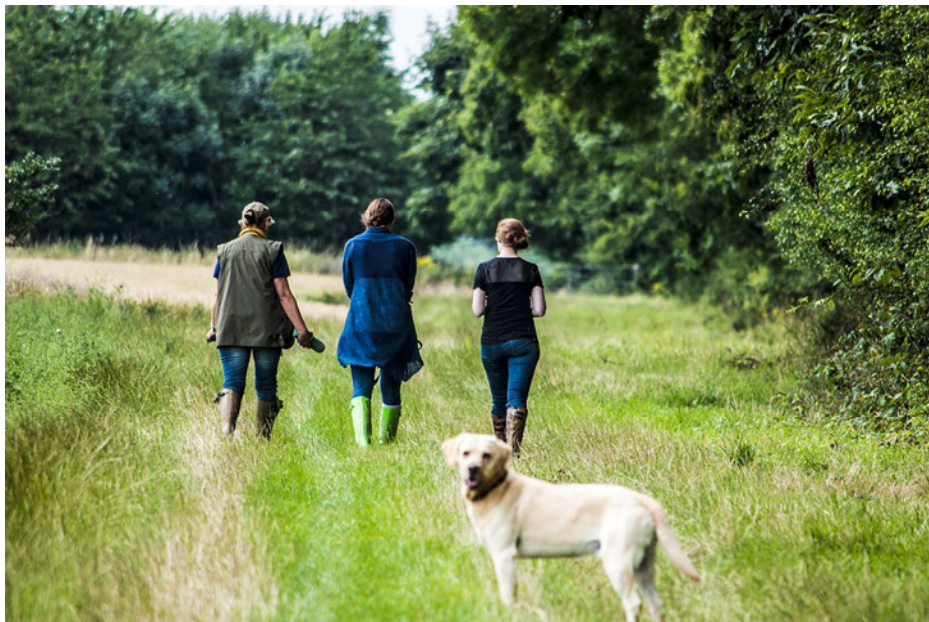


**TO WEAR THE RIGHT CLOTHES
APPROPRIATE TO TEMPERATURA**

HEALTHY PRACTICES



TO GO TO THE MUSEUM

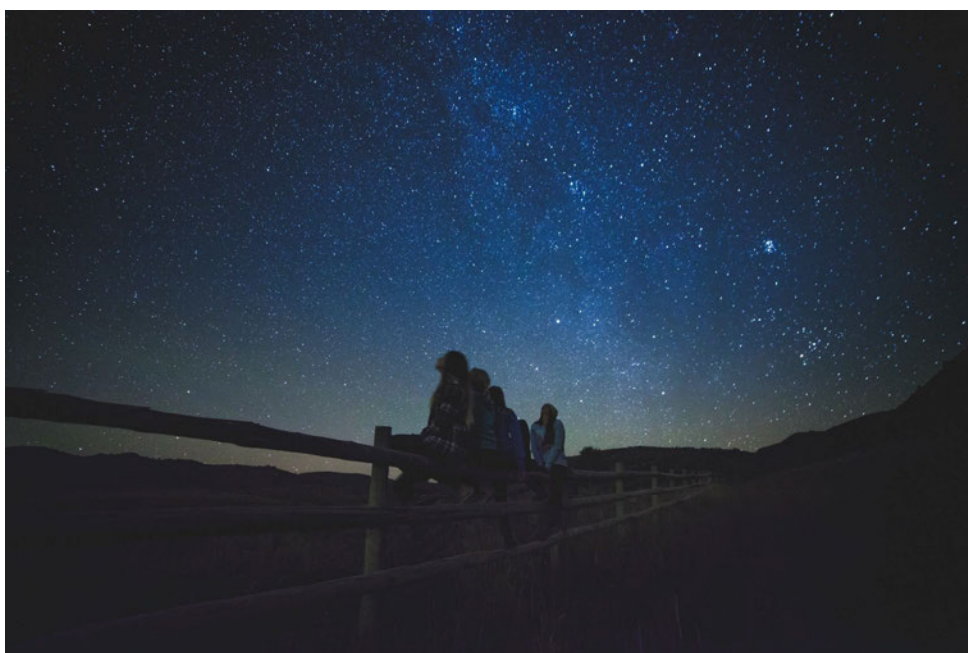


TO BE IN THE COUNTRYSIDE

HEALTHY PRACTICES



TO DO SPORT



TO OBSERVE THE STARS